

**Gheorghe Cornel ARDELEAN**

**MEDITATIONS**

**VOL. 1**

**NARCOSIA Publishing -2008**



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## **Urge to read, analyze and apply these meditations**

By reading and analyzing the meditations of AGC, by applying one or more thoughts we will find solutions that will help us:

I. Discover:

1. qualities;
2. defects;
3. capabilities;
4. skills;
5. some opportunities  
to succeed in life;
6. finding a partner for life;
7. keeping our marriage;
8. discovering our feelings;
9. discovering our  
mistakes;
10. etc..

## II. To prevent some:

1. mistakes;
2. accidents;
3. divorces;
4. trouble;
5. bankruptcies;
6. failures;
7. conflicts;
8. etc..

## III. Become:

1. more efficient;
2. happier;
3. more loved;
4. more honorable;
5. appreciated;
6. more respected;
7. more loved;
8. more organized;

9. more optimistic;
10. more plan;
11. most active;
12. best;
13. fairer;
14. more humane;
15. more unselfish;
16. popular;
17. more famous;
18. etc..

#### IV. Come out of:

1. the state of lost hope;
2. the state of pessimism;
3. the state of despair;
4. the state of passivity;
5. the state of inactivity
6. etc..

#### V. Participate at:

1. social life;
2. political life;
3. the activity of non-profit organization
4. etc..

VI. Find more opportunities to meet favorable or more favorable conditions.

VII. To let us change our lives more in better, to make it more beautiful.

VIII. To expand our chances to find the right partner for life.

IX. To let us realize and to

maintain a happy marriage.

X. To let us raise and educate our children better, to take more care of them.

I am writing these meditations and adding these books, other publications and on the Internet, etc.. because we need them every day and it is necessary to apply them so that we each achieve what we want: a more beautiful life, a more prosperous and happy one. These meditations reflect a tiny part of reality, of what would be good to be present in real life and in human relations.

I expect good news from you, good deeds that you have done influenced by the fact that you have

read and applied one or more ideas to make your life more beautiful, more prosperous, more happy and to be positive lively models for others.

Each of us can become a positive new model for those around us thus participating in the creation of a better human society, of a more prosperous one, and a happier one.

I would be very happy and excited if one or more ideas that you have read, help you in one way or another or make you happier, more prosperous, etc..

I wish you all health, happiness and the achieving of all things that you want.

I expect your news, ideas, opinions, troubles and joys, etc..

Sincerely, love and with much joy,

I invite you to visit my site  
[www.ardeleancornel.eu](http://www.ardeleancornel.eu) and to write to  
me at: [agc.arad@yahoo.com](mailto:agc.arad@yahoo.com)

**“Ardelean Gheorghe Cornel”  
(AGC)**

## VOLUME 1

1) When we are depressed it is necessary to get in contact with optimistic people and to do things which bring us success, achievements and hopes.

2) A man is cheerful in many situations. Sometimes even if he has problems.

3) We must be in a good mood at all times, even in situations when we have problems.

4) A good mood maintains our health.

5) If we have problems it is not necessary to be in a bad mood. Problems are problems, and we deal with them in the most serious way, even if we are in a good mood.

6) Most of us do not have as a permanent objective the achievement of a

good life and we are not even seriously concerned to reach it. So how can we have a beautiful life?

7) Life can be more beautiful if we set as a priority the objective of achieving a good life and if we continuously work to achieve this objective.

8) Perseverance often helps us achieve our objectives.

9) Failures should never discourage us.

10) If the idea is logical, realistic, we can apply it.

11) Each of us surely has a higher or lower number of qualities. It is for our own good and for our happiness to discover them and then to use them as much as we can in order to make us happy.

12) Indisposition can make us old if we feel it often and continuously. Therefore it

is necessary to be in a good mood all the time.

13) A good mood maintains our health.

14) Necessary and useful ideas to us - it is effective and necessary to us to admire, order, etc...them in books so that we can find them more easily and quickly in need.

15) There are many situations in which we are upset, tired, depressed, stressed, etc... and then, in these situations it is necessary to read as many ideas as possible, collected in books, etc...

16) By acting, respecting the rules to becoming happy, we become happy.

17) To become champions in a field it is necessary to act effectively by abiding by the rules which, if respected, make us champions.

18) We can achieve our objectives much easier if we apply the ideas in these books, etc...

- 19) In life, we can achieve even more good deeds if we persevere in carrying out many good deeds.
- 20) We can have even more joy in our life if we are always fair to those around us.
- 21) Our fairness towards other people brings us many sympathies.
- 22) Our successes increase our strength, our confidence in our own forces and the accomplishment of other successes.
- 23) Idea banks are the most valuable banks.
- 24) Idea banks will help mankind solve more quickly much more problems.
- 25) The gathering and storage of ideas in the bank of ideas is a vital necessity for the progress of mankind.
- 26) Idea banks are the most powerful engines of mankind's progress.

- 27) Conflict prevention is a necessity for every one of us.
- 28) Everyone has the right to housing with a minimum of mandatory requirements.
- 29) We can act to achieve several priority objectives at the same time.
- 30) It is necessary to give priority objectives the time necessary to be achieved in due time.
- 31) Positive ideas should be always taken into account.
- 32) Positive ideas are the engines of progress.
- 33) Positive ideas should be stored in idea banks.
- 34) Luxury should never be encouraged, because it is a waste.
- 35) Luxury must not be appreciated.
- 36) Luxury can sometimes lead to many troubles.

37) Luxury can sometimes lead to more trouble.

38) Indecision is the cause of many failures.

39) Indecision is the cause of many accidents.

40) Indecision is the cause of many casualties.

41) The tired man makes many mistakes.

42) The tired man makes more mistakes than the rested one.

43) It is never too late to become optimistic again.

44) Optimism is one of the weapons that obtain successes.

45) Proper planning of our actions increases our chances to achieve successes.

46) Perseverance is one of those weapons that achieve successes.

- 47) Despicable actions we are ultimately harmful to us.
- 48) Sly actions are short-lived until they are discovered.
- 49) Even if the sly actions can help us at a moment, they will harm us eventually.
- 50) Negative actions can help us at a moment, but they will harm us eventually.
- 51) Positive actions surely take us to larger or smaller successes, even if we realize them with bigger or smaller efforts.
- 52) The attention given to justice by the society is enormously small as compared to the importance of justice to the society and people.
- 53) A corrupt judge should not be found in court.
- 54) Very often, we deal with many issues of lesser importance, of lesser urgency instead of more important and urgent problems.

55) Each of us must prevent discrimination.

56) In the world there are continuous and mass discrimination, although it seems incredible. It is true.

57) Discrimination is one of the biggest causes of poverty for the majority of the people in the world.

58) It is necessary to immediately and continuously join our forces, to be in solidarity to combat all forms of discrimination and to prevent them.

59) Discrimination can be prevented quickly and effectively in the world through solidarity and unity.

60) Among the priorities of the world it is necessary to find the prevention and defeat of discrimination.

61) Discrimination in situations can be defeated, reduced, prevented if it is desired.

62) Discrimination is a great injustice done against those who are discriminated.

63) All over the globe, most of us are discriminated in one way or another once or more times.

64) Discrimination is very harmful to social progress, to all forms of progress.

65) Sometimes, the discriminated one in a given situation may discriminate in other circumstances or situations.

66) Non-discrimination is a principle that every one of us must act to respect it in all circumstances.

67) Non-discrimination prevents many conflicts.

68) Most of the time long term thinking is more effective than short-term thinking.

69) Long term thinking prevents many failures.

70) Long term thinking has led to the achievement of many very high successes.

- 71) Long term thinking can lead many times to achieving much more than we set out to.
- 72) Long term thinking is often more effective than short-term thinking.
- 73) Impatience is often the cause of many failures.
- 74) Impatience is a defect that we can control.
- 75) Impatience is a defect that we can prevent.
- 76) Impatience can sometimes create many problems for us.
- 77) Impatience can sometimes destroy the work of dozens of years.
- 78) Impatience can sometimes lead to very serious road accidents.
- 79) People who fail to master their impatience are not received in certain actions.

- 80) Greed can lead very often to great and a lot of trouble.
- 81) We can prevent greed by the self-control of our behavior.
- 82) Greed is necessary to be detested.
- 83) Behavior for luxury is a big flaw.
- 84) Behavior for luxury can often lead to bankruptcy.
- 85) Behavior for luxury can be prevented by positive thinking.
- 86) We must detest vices.
- 87) Vices lead us to poverty.
- 88) Vices bring us a lot of trouble.
- 89) Vices lead us to bankruptcy.
- 90) Vices very often lead us to divorce.
- 91) We can prevent vices.
- 92) It is necessary for normality to take the place of abnormality.
- 93) Periodic analysis of our actions is very necessary to help us increase the effectiveness of future actions.

- 94) Literacy is necessary for every man of the planet.
- 95) Literacy is extremely useful to society.
- 96) Literacy is extremely effective to society.
- 97) Selflessness is a model of positive behavior that is necessary to appreciate.
- 98) Illiteracy should be prevented because of the continuous resources that exist, but there is no will where illiteracy is.
- 99) Illiteracy has many negative effects both for the illiterate and for society.
- 100) Illiteracy is directly or indirectly the cause of many crimes.
- 101) Ignorance is a cause of much unhappiness.
- 102) Ignorance is a cause of many misunderstandings.

- 103) Ignorance can be prevented if we have will.
- 104) Positive facts have multiple positive effects.
- 105) Positive facts should be valued.
- 106) Illiteracy in many cases is a cause of poverty.
- 107) Positive actions should be taken as models.
- 108) Positive actions prevent many negative actions.
- 109) Positive actions should be appreciated.
- 110) Sometimes we can be happy, but wrongly, we do not feel happy.
- 111) Our happiness is sometimes influenced by our correct or incorrect perception of our situation.
- 112) Co-development can often create many situations in which we can be happy.

113) Solidarity can often create many situations in which we can be happy.

114) Unity can often create many situations in which we can be happy.

115) If we have single children up to a few years it is necessary for both parents to do everything they can not to divorce.

116) There are more reasons for both sides to avoid many huge divorces.

117) If we have children, in order to prevent divorce and its negative effects, it is necessary for scientists to pay more attention to studying family relationships and family.

118) The more qualities a man has the more chances he has of achieving his personal objectives.

119) Expostulations many times have only negative effects.

120) Friendly words maintain our friendships.

- 121) Friendly words bring us friends.
- 122) Those who can control their unconsidered words manage to prevent many difficulties.
- 123) Those who do well are mostly appreciated.
- 124) An honest woman has more chances to achieve a happy marriage.
- 125) Team spirit helps us a lot to achieve efficient co operations.
- 126) Team spirit helps us to achieve a happy marriage.
- 127) Team spirit helps us achieve successes.
- 128) Wisdom helps us achieve greater performances.
- 129) Wisdom helps us achieve our personal goals.
- 130) Hesitating behavior makes many people not trust us.

131) Hesitating behavior is the cause of many failures.

132) Hesitating behavior reduces our chances of having successes.

133) The development of creativity increases our chances of achieving our personal objectives.

134) Team spirit increases our power a lot.

135) Efficient work leads to the achievement of personal goals.

136) Only efficient work leads us to success.

137) Efficient work must always be rewarded.

138) Team spirit makes working a lot more efficient.

139) The ability to stimulate other people's creativity is rewarded with successes.

- 140) The creative man develops his creativity more and more.
- 141) Unfortunately states do not give a full attention to children.
- 142) Spouses who value each other have a greater potential to have a happy family.
- 143) Creative people have more chances to obtain successes.
- 144) The sense of responsibility makes us more credible.
- 145) Discipline creates many successes.
- 146) Without discipline we cannot achieve outstanding successes.
- 147) Efficient work prevents poverty.
- 148) Efficient work contributes to the achievement of personal goals.
- 149) Efficient work has only positive effects.
- 150) The more a man has more qualities the more efficient he is.

- 151) The ability to take rapid and good decisions ensures success.
- 152) The ability to take good and rapid decisions ensures the achievement of personal objectives.
- 153) Flexibility increases our chances of achieving more successes.
- 154) Flexibility increases our chances of achieving more objectives.
- 155) Opening words the world increases our ability to create.
- 156) Those who do well for others must be rewarded.
- 157) Orientation towards a future world increases our chances of succeeding in life.
- 158) A strategic vision increases our chances of achieving our goals.
- 159) Optimism is a factor of many successes.
- 160) Optimism brings people together.

- 161) Those who love what they do more easily achieve their objectives.
- 162) By doing the right thing we will surely achieve our personal objectives.
- 163) Global co operations are efficient.
- 164) Solidarity increases the chances of solving many problems.
- 165) Industriousness increases our chances of achieving our personal goals.
- 166) A creative man has an even greater potential to become more efficient.
- 167) Spouses who appreciate each other have greater chances to achieve a happy family.
- 168) Orientation towards a personal goal helps us in accomplishing it.
- 169) Those who do well for others must be appreciated.
- 170) Unfortunately almost all the states in the world do not give the necessary attention and resources to family.

171) Orientation towards a future world increases our chances to achieve our personal objectives.

172) Optimism creates enthusiasm.

173) Those who truly love what they do have greater chances of achieving more successes.

174) Those who truly love people have the most chances to accomplish the greatest successes.

175) By doing the right thing we will surely succeed in achieving many successes.

176) Positive human solidarity increases our chances of accomplishing many efficient co operations.

177) Enthusiastic behavior helps us more easily make friends.

178) Our self-trust increases our chances of achieving many successes.

179) Consciousness helps us become more performant.

180) A positive conception of life increases our chances of achieving a more beautiful life.

181) People who are receptive to positive ideas have greater chances of achieving happy marriages.

182) People who are calm in all situations make fewer mistakes.

183) Continuous self perfection increases our chances of achieving more successes.

184) A man used to approach problems simultaneously from different points of view has greater chances to achieve more successes.

185) A man who acts continuously, day by day to become even more efficient achieves effective co operations a lot easier.

186) A realistic man in interpersonal relations has greater chances to avoid many conflicts.

187) A man oriented both towards the outside world and towards the inside world has greater chances to achieve effective co operations.

188) A man who acts continuously, day by day to become even more organized has greater chances to accomplish his personal goals.

189) An effective man has more chances to achieve performances.

190) The ability to react to understanding helps us achieve a happy marriage.

191) Positive ideas must always be appreciated.

192) The efficient management of our personal time increases our chances to achieve more successes.

193) The effective management of our personal time must be supported.

194) People who have a greater ability to take calculated risks have greater chances to achieve more successes.

195) People, who in most situations have the ability to apply their ideas, have bigger chances to achieve outstanding performances.

196) People who also have spiritual values have greater chances to achieve more successes.

197) The desire to succeed in life helps us a lot to achieve effective co-developments.

198) Life is a lot more beautiful when we have the desire to succeed in life.

199) Responsibility must always be rewarded.

200) Responsibility makes us be more appreciated.

201) Our responsibility helps us achieve more effective co operations.

202) Fair people also have common sense.

203) A man with self-control has greater chances to accomplish his personal objectives.

204) People with tact have greater chances to achieve their personal goals.

205) Polite people must be supported.

206) Cooperative people have greater chances to achieve happy marriages.

207) Life is a lot more beautiful when we love and when we are loved.

208) A great desire to achieve successes helps us accomplish effective co operations.

209) Efficient human communication helps us a lot to succeed in life.

210) All positive actions must be rewarded.

211) Positive actions prevent many conflicts.

212) Self-imposed discipline must not disturb us in any way.

213) By acting together with the right person we have greater chances to achieve our personal goals.

214) When you are in love you think how to do something good for the person you love.

215) Love makes us be more tolerant with the person we love.

216) Love makes you happy when the person who loves you is also loved by you.

217) A man who loves and is loved by the person he loves has greater chances to achieve more and greater successes.

218) When you are in love and you are loved by the woman you love you feel truly alive.

219) Only the person who loves and is loved by the person he loves truly knows what he really feels.

220) You really understand what love is about only when you have loved or when you truly love and have been truly loved or are truly loved by the person you love or have loved.

221) True mature love is maintained by loving as being loved by the person you love.

222) An effective humanist leader has the biggest chances to achieve the most successes.

223) The ability to efficiently learn helps us enormously to achieve our personal goals.

224) Inefficient behaviors can be changed.

225) A happy life can be achieved also through perseverance.

- 226) Positive thinking can be maintained.
- 227) Positive thinking helps us prevent many possible failures.
- 228) Spiritual values help us a lot to achieve true friendships.
- 229) Positive thinking makes us credible.
- 230) Constructive actions make us more credible.
- 231) The desire to succeed in life must be supported.
- 232) Positive actions must be imitated.
- 233) The desire to succeed in life increases our chances of accomplishing our personal goals.
- 234) The desire to succeed in life must be appreciated.
- 235) Love does much more than just exists.
- 236) Truly long lasting love has many positive effects.

237) Happy marriages create positive effects on both spouses that they cannot achieve in a different way.

238) True love makes us more enthusiastic.

239) True love makes some of us kinder.

240) True love makes some of us more tolerant.

241) True love makes some of us more patient.

242) Unfortunately most people give too little time to achieving a happy marriage.

243) Those who waste their time uselessly with gossip are much surpassed in achievements by those who do not waste their time gossiping.

244) Those who do well to others must be rewarded.

245) Unfortunately almost all the states do not give the necessary attention and

resources to young people.

246) Discipline prevents many unpleasant surprises.

247) Orientation towards a future world increases our chances of achieving more successes.

248) Optimism increases our powers.

249) Those who truly love what they do are never bored when doing what they love.

250) Those who truly love people have much greater chances to achieve their personal objectives.

251) By doing the right thing we were surely succeed in maintaining a happy marriage.

252) Positive human solidarity increases our human strength.

253) Enthusiastic behavior helps us achieve more successes.

254) Our self-trust increases our chances to achieve our personal goals.

255) Consciousness helps us achieve effective co operations.

256) A positive conception of life has only positive effects.

257) Receptive people to positive ideas have much more chances to achieve their personal objectives.

258) Continuous self perfection increases our chances to achieve more successes.

259) A man used to approach problems simultaneously from different points of view continuously increases his power.

260) A man who acts continuously, day by day to become even more efficient

continuously increases his chances of achieving his personal objectives.

261) A realistic man in interpersonal relations has greater chances to accomplish effective co operations.

262) A man oriented both towards the outside world and towards the inside world has much more chances to achieve a happy marriage.

263) A man who acts continuously, day by day to become even more organized has greater chances to prevent many possible mistakes.

264) An effective man has greater chances to achieve effective co operations.

265) The ability to react with understanding helps us become happy.

266) Positive ideas produce positive

effects.

267) The efficient management of our personal time increases the chances of achieving outstanding performances.

268) The effective management of our personal time must be learned.

269) People who also have spiritual values have greater chances to achieve outstanding performances.

270) The desire to succeed in life helps us a lot to achieve more successes.

271) Life is a lot more pleasant when we have success.

272) Responsibility must always be supported.

273) Our responsibility increases our chances of achieving more successes.

274) Our responsibility helps us make

many true friends.

275) People with common sense are also fair people.

276) A man with self-control has greater chances to achieve effective co operations.

277) People with tact have greater chances to achieve effective co operations.

278) Cooperative people are selfless.

279) A great desire to succeed helps us a lot to achieve our personal objectives.

280) Efficient human communication helps us a lot to achieve happy marriages.

281) Effective human communication helps us prevent many unpleasant surprises.

282) All positive deeds must be appreciated.

283) Positive actions prevent many

negative surprises.

284) Self-imposed discipline helps us a lot to become more efficient.

285) By acting at the right moment we have greater chances to achieve our personal goals.

286) When you are in love you feel happy.

287) A man who loves and is loved by the person he loves has greater chances to achieve a long lasting marriage.

288) When you are in love you have more intense feelings.

289) There are enormously many people who do incredibly little to achieve a true mature love.

290) Positive thinking helps us make more friends.

## **About the author and his ideas**

Hmm ... I do not know where to begin. It is difficult to really know someone. Often, the person on whom you stopped is difficult to decipher.

That is not the case of Gheorghe Cornel Ardelean. From the first moment I knew and he got my attention.

I recognized him immediately from the descriptions made by his colleagues: "One small, with white haired man with many books and newspapers in his hand, they said. My curiosity pushed me to address him, cheerful, open; he began to talk to me as if we knew each other for years. A person opened both to dialogue as well as current jokes. I got to know him

even better when we met at Club Central. A nice company as long as you succeed not to be attracted in that part of the discussion where his future plans are. Plans that are repeated endlessly become a burden for the people around him. Not because it would be something wrong in what he says but through their very repeatability.

On several occasions I have read some of his meditations, others have been published in the magazine "Freedom in Thought".

By their simplicity and the fact that they expresses absolute truths, for those who do not take seriously the writings of Cornel Gheorghe Ardelean they may seem indeed to read seriously what to write, I bet they will find

among the apparently simple lines, a message equal to a person who has suffered enormously because of human and system injustices.

The cry of a man eager for more, eager for simplicity, for the truth and for a Utopia, wishful of a perfect world.

If even 10% of what he writes would be put into practice by us, then certainly we would set ourselves and with others at the same time. Surprisingly, nobody sees that Cornel Gheorghe Ardelean even puts into practice what he writes, which means that he really believes it.

With an analytical style impossible to confuse, Mr. Cornel Gheorghe Ardelean is successful in a few lines and penetrates into the

essence of truth. By this thinking, he is venturing into an area still unexplored in specialized literature.

Specialized topics are part of the absolute truths that each of us have deep within our being, so acknowledged, so obvious, so natural that no one has ventured to put them on paper.

But surely there will be many who, after reading and rereading these absolute truths will solve many of the problems of their existence. The novelty that makes Cornel Gheorghe Ardelean stand out besides putting on paper a well-known truth, is that it also leads to problem solving. It is a promising start in an area of astute competition and often an unscrupulous one.

I wish you success Mr. Ardelean and may these meditations help as many people as possible. Do not give up, continue on the path that you have chosen and maybe in the nearer or further future the world will be at least 5% as you want it to be.

Do not give up ... We ... only a few, I must admit, we are beside you.

## **SIMION SEBASTIAN EDUARD**

Graduate of the Academy of Theater  
and Film

Former journalist of the national  
newspapers and Romania Libera,  
Evenimentul Zilei, was Her Majesty's  
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Gheorghe Cornel  
Ardelean Writer (66  
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I have known the economist Cornel Ardelean for dozens of years, as a guy that outraged the thought of some who did not believe in his ideas, innovative, simply put but with a long and efficient duration. After the Revolution he proved that he is indeed a good economist by founding the first small enterprise of Arad County, in the year 1990 of the post-communist age.

I have always been by Cornel Ardelean's side, never ceasing to believe that the man can rise above his time if he wishes to and if he has the potential to do it.

**SABIN BODEA**

President of the Writers' League of Romania  
Arad Branch

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