

Gheorghe Cornel ARDELEAN

MEDITATIONS

VOL. 1

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Urge to read, analyze and apply these meditations

By reading and analyzing the meditations of AGC, by applying one or more thoughts we will find solutions that will help us:

I. Discover:

1. qualities;
2. defects;
3. capabilities;
4. skills;
5. some opportunities
to succeed in life;
6. finding a partner for life;
7. keeping our marriage;
8. discovering our feelings;
9. discovering our
mistakes;
10. etc..

II. To prevent some:

1. mistakes;
2. accidents;
3. divorces;
4. trouble;
5. bankruptcies;
6. failures;
7. conflicts;
8. etc..

III. Become:

1. more efficient;
2. happier;
3. more loved;
4. more honorable;
5. appreciated;
6. more respected;
7. more loved;
8. more organized;

9. more optimistic;
10. more plan;
11. most active;
12. best;
13. fairer;
14. more humane;
15. more unselfish;
16. popular;
17. more famous;
18. etc..

IV. Come out of:

1. the state of lost hope;
2. the state of pessimism;
3. the state of despair;
4. the state of passivity;
5. the state of inactivity
6. etc..

V. Participate at:

1. social life;
2. political life;
3. the activity of non-profit organization
4. etc..

VI. Find more opportunities to meet favorable or more favorable conditions.

VII. To let us change our lives more in better, to make it more beautiful.

VIII. To expand our chances to find the right partner for life.

IX. To let us realize and to

maintain a happy marriage.

X. To let us raise and educate our children better, to take more care of them.

I am writing these meditations and adding these books, other publications and on the Internet, etc.. because we need them every day and it is necessary to apply them so that we each achieve what we want: a more beautiful life, a more prosperous and happy one. These meditations reflect a tiny part of reality, of what would be good to be present in real life and in human relations.

I expect good news from you, good deeds that you have done influenced by the fact that you have

read and applied one or more ideas to make your life more beautiful, more prosperous, more happy and to be positive lively models for others.

Each of us can become a positive new model for those around us thus participating in the creation of a better human society, of a more prosperous one, and a happier one.

I would be very happy and excited if one or more ideas that you have read, help you in one way or another or make you happier, more prosperous, etc..

I wish you all health, happiness and the achieving of all things that you want.

I expect your news, ideas, opinions, troubles and joys, etc..

Sincerely, love and with much joy,

I invite you to visit my site
www.ardeleancornel.eu and to write to
me at: agc.arad@yahoo.com

**“Ardelean Gheorghe Cornel”
(AGC)**

VOLUME 11

- 1) In life continuously, day by day, it is necessary and required to have a personal development of our personality.
- 2) Personal goals, personal development helps and contributes greatly to the formation, development and achievement of other personal goals.
- 3) Personal development continuous, day by day, helps us to contribute and become stronger.
- 4) Personal development continuous, day by day, helps us continuously increase our personality, the wealth that nobody can take away.
- 5) Those who work continuously, efficient, find many favorable occasions.
- 6) The more skills we have, the more favorable opportunities we have together.

7) The more areas we know, the more favorable opportunities we meet.

8) Those who are thinking long term, have more favorable opportunities.

9) Those who continuously self-develop themselves spiritually, day by day, meet more favorable opportunities.

10) Those who have more friends meet more favorable opportunities.

11) As we have more friends, the more chances we have to meet several favorable occasions.

12) As we have more skills, the more we can meet more favorable opportunities.

13) As we have more capacities and qualities, the more chances we have to meet several favorable occasions.

14) As we have more co operations, the more chances we have to meet favorable occasions.

15) We can create our own

opportunities and more favorable opportunities to meet.

16) As we have more and diversified experience, the more chances we have to meet several favorable occasions.

17) The more developed personality we have, the more chances we have to meet several favorable occasions.

18) As we know more languages, the more chances we have to meet several favorable occasions.

19) The wiser we are, the more chances we have to meet several favorable occasions.

20) As we have more personal goals, the more chances we have to meet several favorable occasions.

21) The more creative we are, the greater capacity of creation we have, the more opportunities we have to meet several favorable occasions.

22) In life for as long as we live, it is necessary and useful to develop continuously, day by day, our creative skills and our creative abilities.

23) Our personal objective of the self-development of our creative skills, day by day, helps and contributes greatly to achieving our other personal objectives.

24) For as long as we live, continuously, day by day, it is necessary to have as a personal goal to form and develop as more creative qualities as we can.

25) How we live day by day, achieving the target of personal training and development of our creative skills helps and contributes greatly to achieving other personal objectives.

26) The more success we have the more opportunities we meet and have several favorable occasions.

27) The more success we have, the more chances we have to meet several favorable occasions.

28) Thinking globally helps us to have many more opportunities to meet much more favorable opportunities.

29) The more effective our actions are, the more chances we have to meet several favorable occasions.

30) The more creative qualities we shape and develop, the more creative we become.

31) Those who act with the highest dedication are more likely to find more favorable opportunities.

32) Those who have a happy marriage are more likely to encounter more favorable opportunities.

33) The more we are documented, the more we find more opportunities to meet more favorable opportunities.

34) Those who are enthusiastic are more likely to encounter more favorable opportunities.

35) Researchers are more likely to encounter more favorable opportunities.

36) The more qualities we shape and develop, the more opportunities we have to meet more favorable opportunities.

37) The more we know ourselves better, the more chances we have to meet several favorable occasions.

38) Organization helps us meet more favorable opportunities.

39) The more personally self-motivated we are, the more chances we have to meet several favorable occasions.

40) The more we self-progress, the more opportunities to meet more favorable opportunities we have.

41) The more we self-develop mentally the more chances we have to meet several

favorable occasions.

42) Those who are very active, dynamic, are more likely to encounter more favorable opportunities.

43) Those who think estimately are more likely to encounter more favorable opportunities.

44) Usually very many of us use our time more inefficiently than we can.

45) With only a more efficient use of our resources we can make much more progress.

46) To make others happy, it would be good that each of us gives a little happiness.

47) Those who have more skills, have many more opportunities to make us happy.

48) Most of us will become happy if we set a goal to become happy and we act to achieve that goal.

- 49) Absurd actions lead to failures.
- 50) Positive ideas should always be supported.
- 51) Our ability helps us achieve success.
- 52) Patience is a quality that helps us get through difficult situations.
- 53) Sometimes patience helps us achieve success.
- 54) Only those who have patience can go over some complicated situations.
- 55) It is always necessary to have the power to refrain from maintaining aberrations.
- 56) The man who has a wife with several qualities should appreciate her more.
- 57) A man must always appreciate the qualities of women.
- 58) Co-development prevents many conflicts.

- 59) Co-development is a factor of personal development.
- 60) Awareness is a part of the responsibility.
- 61) Cooperation is a main factor of many successes.
- 62) Cooperation is a factor of peacekeeping.
- 63) Cooperation accelerates troubleshooting of both parties.
- 64) Cooperation prevents many conflicts.
- 65) Cooperation usually speeds progress for all those who cooperate.
- 66) Developing positive thinking leads to the creation of more positive ideas.
- 67) Positive thinking prevents many negative facts.
- 68) Positive thinking helps us become happy.
- 69) Positive thinking is a part of

wisdom.

70) Developing positive thinking creates more wealth.

71) It is necessary and we must never forget what tempts us harms us or others illegally.

72) Goodness is a part of wisdom.

73) It is always necessary and required to have good sense.

74) Caution is a necessary quality that helps us prevent more trouble.

75) We need to have the caution that it is necessary today to form and cultivate a cautious behavior.

76) Those who have no sense alienate themselves from the others.

77) Compliance with the laws helps us have a good sleep.

78) No matter what strikes, and no matter how many blows we receive from life, we should not give in psychically.

- 79) Even if our mother upsets us and is wrong we have no right to wear a rancor.
- 80) Decision leads us to happiness.
- 81) Senselessness removes people from the one that is senseless.
- 82) The lack of common sense removes people who do not have good sense.
- 83) If we do not respect those around us and those whom we come into contact with, it causes us not to respect them and to lead them away from us.
- 84) Respect requires respect.
- 85) You want to be respected, respect others.
- 86) You want to be treated with common sense by others, and others treat you with common sense.
- 87) Do not mock the others that you challenge them to mock you themselves.
- 88) Even if someone does something wrong against us, we must not avenge

them but respond kindly or we will make things worse.

89) Revenge is not going to solve problems but complicates matters, make them difficult to solve and sometimes create other problems.

90) It is always necessary to respect so that you deserve respect.

91) The more correct we are to those around us the more chances we have to make more friends.

92) The more friends we have, the better chance we have to make more friends.

93) The more friends we have, the more secure we feel.

94) The more friends we have, the more we increase our power.

95) Correct relations of friendship make us happy and have positive effects on our health.

96) For some, loneliness affects their health.

97) Life has positive effects on health.

98) As we do more good with more opportunities we have to be appreciated.

99) When we are angry it is always necessary to defer our decision.

100) Vanity usually alienates people away from the vain one.

101) Responsibility prevents conflicts.

102) Responsibility prevents wars.

103) We should never have to make changes in any area, for the sake of change, only to say that we have changed something.

104) We must make changes only when specifically requested by the actual situation and when they have positive effects greater than the costs and negative effects.

105) One of the most effective

investment companies has an investment in the personal development of employees.

106) Emotional intelligence helps us achieve greater results in work.

107) When executives are wrong, leaders should not have an exaggerated reaction.

108) When employees are wrong, leaders need to have normal reactions, a normal responsible behavior, and to consider that the employee who made a mistake and causes mistakes should take the necessary steps to prevent other mistakes that may be made by the employee who made a mistake and by other employees.

109) The development of skills needed for the tasks of employees of service companies should be a continuous daily objective for companies.

110) Leaders need more than employees and companies to control their impulses, not to have exaggerated effects in certain

situations.

111) Leaders need to have a highly developed capacity and ability to understand others as well.

112) A leader does not like to be a leader with great success only if it has qualities and abilities to understand others as well.

113) In any event it is necessary to keep safe.

114) At times it is necessary to develop emotional intelligence.

115) People who are conscientious at work are preferred in employment. So one of the keys to certainly obtain a job is to be conscientious at the workplace. Be aware that you will find a job if you are looking to find it. Do not let yourself be beat by obstacles. Good luck. I'm with you.

116) He who has an emotional intelligence consists of: 1) the ability to understand others, 2) the ability to help

others when needed, with ideas, solutions, and even financial and material ones, a service to resolve the problem, etc... 3) the ability to see things from the viewpoint of others; 4) the quality and ability to solve problems through relationships that you establish with others; 5) qualities; 6) human qualities; 7) has a good control in any situation; 8) has the ability to easily interact with people; 9) has the capacity and capability to maintain human relationships; 10) has high qualities and abilities to motivate people to mobilize them to work; 11) has the capacity and capability to push people to achieve objectives; 12) has the capacity and capability to keep us optimistic continuously and in any event, and even in very difficult ones; 13) has the ability to never give up under any circumstances even if it appears to others without a way

out 14) has high qualities and the ability to trust people; 15) has high qualities and abilities that people have confidence in him, in his qualities; 16) has high qualities and the ability for people to come to the opinion of a request in solving many problems; 17) has high qualities and the ability to gather people around him; 18) has high qualities and the ability to trust himself ; 19) has instinct; 20) is reliable.

117) Those who adapt very easily and quickly to the requirements of the workplace have a key to obtain a job or to maintain their workplace. Try to develop your capacity and ability to adapt very quickly to the requirements of the job you want. Persevering in achieving these objectives will make you succeed. Good luck! I'm with you.

118) People who have a positive attitude are preferred by employers. A positive

attitude is a quality and a key to obtaining the work we desire and to keep us as an employee. If you do not have a positive attitude, it is no problem, you can learn if you want, it can be learned easily. Good luck! I'm with you.

119) People who return to work immediately and are engaged in employment are maintained. Efficiency at work is a key to obtaining and maintaining employment. Look, learn and practice continuously, day by day to increase your yield continuously so that you have a permanent job and well-paid one. Good luck.

120) The rigorous and disciplined at work have much greater opportunities to obtain and maintain employment. Rigor and discipline at the workplace can be easy if we want to, if we do not have it. Rigor and discipline are two keys to

getting a job if you do not have it, or if we have one, they are keys to keeping it. Good luck.

121) Persons who have the quality and ability to realize the tasks accurately and with professionalism have much greater opportunities to get employment if they do not have jobs and to maintain employment if they have jobs. Therefore it is necessary to continuously develop, day by day our accuracy and professionalism. Good luck.

122) In addition to the knowledge of English or other languages of the country in which we want to ensure work we are more likely to find a job in many situations and to keep our workplace. This is a key addition to enhance our chances to obtain and maintain employment. Learn English or another language that is spoken in the country where you are looking for a job or where you have a job. Good luck.

123) One of the objectives of our personal life day by day, should be increased by each of our actions.

124) The more we expand more effectively our actions the more opportunities we have that we can meet on several favorable occasions.

125) Our personal goal to increase efficiently, continuously and daily all our actions helps us contribute greatly to achieving other personal objectives.

126) Those who have the highest efficiency in their actions, are likely to be much more reliable to obtain more and higher successes.

127) Even if our mother was wrong and fails us if we need her help and must give it, she is our mother, she gave us life, she has raised us etc. These facts must be taken into account all the time and not ever forget no matter how it is wrong, if

somehow we made a mistake.

128) Positive facts increase our credibility.

129) The more positive facts we achieve the more credibility we have in the face of people.

130) Words followed by deeds continually enhance our credibility.

131) If you want credibility respect your commitments. Let your words become facts. Achieve as many positive facts as you can. Be humane. Help people when you can. Be close to people in a sincere way. Be selfless always when necessary. Be fair and professional in everything you do. What you do, do well.

132) Negative facts lead us only to trouble.

133) If you want to reach parliament, you'll definitely get in: 1) if you know how to solve efficiently and timely issues

for people, 2) if you promise to solve the problems of the people, 3) if you understand people and their problems; 4) if you develop continuously and daily your capacity and ability to understand others and their problems; 5) if you have the quality and ability to see things from the viewpoint of others, people who want to vote for you and need you to solve problems; 6) if you have humane qualities; 7) if you have the quality and ability to interact easily with people; 8) if you have a high quality and ability to maintain human relations; 9) if you have a quality and ability to motivate and mobilize people to action; 10) if you have a high quality and ability to motivate people to achieve objectives; 11) if you have the quality and ability to be optimistic continuously and in any circumstances, even in they are very difficult; 12) if you

have the quality and ability never to give up in any situation even if you have not succeeded very often in solving a problem; 13) if you have a high quality and ability that people have confidence; 14) if you have a high quality and the ability to trust people; 15) if you have a great quality and ability for people to come to you to ask your opinion in solving many problems, 16) if you have a great quality and ability to gather people around, 17) the great quality and ability to trust yourself; 18) if you have instinct; 19) if you are reliable, fair, honest, 20) if you have a great quality and ability to be optimistic in any situation , no matter how difficult it is, etc. If you do not have them it does not matter. It is learned through learning and continuous exercise. So if you want to be a parliamentarian, learn and practice those listed and you are

surely to succeed. Good luck.

134) The more effective and positive actions we achieve the more records we can make.

135) Democracy is one of the factors of human and social progress.

136) Freedom and democracy have also created more chances and opportunities for personal development.

137) If we have a right to know the correct laws, the correct interpretation of laws and persistence this helps us win law suits.

138) Co-development is a factor that accelerates the achievement of personal and common objectives.

139) If we are right, any injustice we would do during the process must not, under any circumstances leave us defeated.

140) If we are right, and have injustice in

the law suits, it must give us greater powers to overcome injustice for us and to finally win justice.

141) Justice can and must give us certainty to persevere until we win.

142) Real mutual love creates us a lot of joy.

143) Real mutual love brings us much happiness.

144) We have a lot of happiness. We can get through the achievement and maintenance of a real mutual love.

145) The envy of the achievements of others is a very stupid thing.

146) The envy of the other achievements unnecessary to us consumes our very precious time.

147) The envy of the achievements of others is a very large flaw, you should remove it as soon as possible because it harms us greatly.

148) People with skills do not envy the achievements of others but appreciate them to just their value.

149) Truly great men are not jealous.

150) Envy is a cancer, very dangerous, it eats us on the inside.

151) Qualities are the main factors of our prosperity.

152) Appreciations of the other's qualities, of those who cooperate with us strengthen our cooperation.

153) Appreciation of the qualities that we have unite us all.

154) Common values unite people.

155) The more common values we have, the more united we are.

156) Common values increase our safety.

157) Common values prevent conflicts.

158) Common values lead to the achievement and maintenance of co operations.

159) Common values lead to the achievement and maintenance of co-development.

160) Our common values approach each other.

161) Common values lead to the achievement and maintenance of friendships.

162) Common values prevent many arguments.

163) Values are common to understand.

164) Common values prevent many wars.

165) Common values prevent many troubles.

166) The common values in a marriage are the main factors to maintaining a happy marriage.

167) Common values contribute greatly to achieving happy marriages.

168) A big problem of many divorces is the lack of common values, of shared

essential values.

169) If two people want to get married and have no common values, the values necessary for the existence and maintenance of a true marriage, they should better not marry, in order to prevent a very painful divorce, a failed marriage.

170) True love, filled with many common essential values to achieving and maintaining a happy marriage, creates and maintains a really happy marriage together forever.

171) The more people who have more common values are the greater the number of human interrelations will be and the more beneficial it will be for people.

172) Envy for the achievements of others destroys us on the inside like cancer harming us very much.

173) True friendship is formed also due

to the common values those who become friends have.

174) True friendship maintains itself and has a long life when the friends who have it have common values.

175) True friendship creates many joys.

176) True friendship makes us not feel lonely.

177) True friendship makes us feel safe.

178) True friendship is an extra card that contributes to achieving other true friendships.

179) True friendship has positive effects on health.

180) True friendship has more positive effects on friends.

181) True friendship makes life more beautiful for those two friends or for that group of friends.

182) True friendship can sometimes make us truly live.

183) True friendship prevents loneliness.

184) True friendship is not achieved by itself.

185) Life is more beautiful if we have one or more true friends.

186) Sometimes our so-called true friends can get us in the biggest troubles possible, can sleep with our wife or with our husband, with our girlfriend or boyfriend, can take away our business, etc. Look around you. Be very careful for the so called true friendship.

187) True friendship is formed and maintained very difficultly and can break in a second. So be very careful. Do not play with it.

188) Friendship and true friendships help us a lot to get over the difficulties and obstacles of life.

189) True friendship becomes stronger and more resistant in time.

190) True friendship is tested in exceptionally difficult situations.

191) True friendship gives us more life, makes us feel truly alive.

192) What true friendship can offer we can only find in it.

193) What a happy marriage can offer we can truly find it in it.

194) What a true reciprocal love can offer we can only find it in it.

195) What a woman can give to a man is unique, and only she can offer it.

196) What a man can give to a woman is unique, and only he can offer it.

197) What a lover gives to her loved one is unique, only she can offer it.

198) What a lover can give to his loved one is unique, only he can offer it.

199) What happiness gives us is unique, only it can give it to us.

200) What success offers us is unique,

only it can give it to us.

201) What is truly unique can make us feel alive.

202) We can only feel truly alive if we truly live our life.

203) Each of us wants to feel that we truly live our life.

204) Deep feelings make us feel truly alive and superficial ones do not.

205) People who have deep feelings are also sensitive and profound.

206) Some people only pretend to be living, but they practically mock themselves and their life.

207) Those who have no personal goals in life live a superficial life that is carried by the wind.

208) Those who have personal goals and commit themselves totally to achieving them feel truly alive.

209) When people have successes they

live deeply and feel alive.

210) Those who live a life at random have no way of achieving successes.

211) Those who live a life at random are a burden both to themselves and to society.

212) He who gives dedication in everything he does feels truly alive.

213) Usually, when you give yourself to the other, you provoke him to give himself to you.

214) People generally need to give and to receive in order to merge.

215) True reciprocal giving of lovers is unique, not seen before, impossible to repeat, a totally special indescribable inexpressible fact.

216) True reciprocal love makes the lovers desire to merge, unite with each other, they achieve each other reciprocally through total giving, including through sex

until total exhaustion.

217) The true happiness that children can give you is unique and only they can give it.

218) A parent's love for his children is unique, sacred, truly impossible to describe, or to express in its exactness and wholeness.

About the author and his ideas

Hmm ... I do not know where to begin. It is difficult to really know someone. Often, the person on whom you stopped is difficult to decipher.

That is not the case of Gheorghe Cornel Ardelean. From the first moment I knew and he got my attention.

I recognized him immediately from the descriptions made by his colleagues: "One small, with white haired man with many books and newspapers in his hand, they said. My curiosity pushed me to address him, cheerful, open; he began to talk to me as if we knew each other for years. A person opened both to dialogue as well as current jokes. I got to know him

even better when we met at Club Central. A nice company as long as you succeed not to be attracted in that part of the discussion where his future plans are. Plans that are repeated endlessly become a burden for the people around him. Not because it would be something wrong in what he says but through their very repeatability.

On several occasions I have read some of his meditations, others have been published in the magazine "Freedom in Thought".

By their simplicity and the fact that they expresses absolute truths, for those who do not take seriously the writings of Cornel Gheorghe Ardelean they may seem indeed to read seriously what to write, I bet they will find

among the apparently simple lines, a message equal to a person who has suffered enormously because of human and system injustices.

The cry of a man eager for more, eager for simplicity, for the truth and for a Utopia, wishful of a perfect world.

If even 10% of what he writes would be put into practice by us, then certainly we would set ourselves and with others at the same time. Surprisingly, nobody sees that Cornel Gheorghe Ardelean even puts into practice what he writes, which means that he really believes it.

With an analytical style impossible to confuse, Mr. Cornel Gheorghe Ardelean is successful in a few lines and penetrates into the

essence of truth. By this thinking, he is venturing into an area still unexplored in specialized literature.

Specialized topics are part of the absolute truths that each of us have deep within our being, so acknowledged, so obvious, so natural that no one has ventured to put them on paper.

But surely there will be many who, after reading and rereading these absolute truths will solve many of the problems of their existence. The novelty that makes Cornel Gheorghe Ardelean stand out besides putting on paper a well-known truth, is that it also leads to problem solving. It is a promising start in an area of astute competition and often an unscrupulous one.

I wish you success Mr. Ardelean and may these meditations help as many people as possible. Do not give up, continue on the path that you have chosen and maybe in the nearer or further future the world will be at least 5% as you want it to be.

Do not give up ... We ... only a few, I must admit, we are beside you.

SIMION SEBASTIAN EDUARD

Graduate of the Academy of Theater
and Film

Former journalist of the national
newspapers and Romania Libera,
Evenimentul Zilei, was Her Majesty's
Paul of Romania's adviser
a businessman resident in Italy



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I have known the economist Cornel Ardelean for dozens of years, as a guy that outraged the thought of some who did not believe in his ideas, innovative, simply put but with a long and efficient duration. After the Revolution he proved that he is indeed a good economist by founding the first small enterprise of Arad County, in the year 1990 of the post-communist age.

I have always been by Cornel Ardelean's side, never ceasing to believe that the man can rise above his time if he wishes to and if he has the potential to do it.

SABIN BODEA

President of the Writers' League of Romania
Arad Branch

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